

FRC DAILY NEWS

Thursday, March 11, 2010

CAFETERIA SPECIALS

(Complete Meal Special Features include a balance of protein, starch and vegetables.)

TODAY: Taco Salad

FRIDAY: Perogies & Smokie

NEWS FROM THE OFFICE

DRIVERS ED. LISTS ARE NOW POSTED ON THE OFFICE WINDOW. If your name is on any of the lists, please come into the office and pick up your form.

GRAD PICTURE RETAKES are April 5 – 9th. Sign-up sheets are in the office.

FRC REGISTRATION FOR 2010-2011: Pick up Registration forms on **March 16** at 11:30 a.m. from your homeroom. **Returning Gr.12 students may pick up and return forms in room 117.**

VOLUNTEERS NEEDED! If you have a spare in Slot 2 and are interested in updating the daily news on the school TV's, please come to the office for information.

ATTENTION GRADE 10 AA LEACH GRADS! Your yearbooks will be distributed **today Thursday March 11th** at lunch in the front hallway.

STUDENT ACTIVITIES

CONGRATULATIONS to all the performers and volunteers at last night's Talent Show! Many thanks as well to everyone who came out to watch and support yearbook!

CHESS CLUB: All chess players who are interested in the Provincial Chess Tournament see Mr. D. Wiebe in room 115 **ASAP.**

SPANISH CLUB will be starting again **tomorrow Friday!!** Everyone is welcome - Spanish and English speakers alike! We will be planning a fund raiser for the victims of Chile's earthquake and enjoying some cultural activities. Bring your lunch and join us in room 305!

CULTURE JAM: Important meeting with all Culture Jam performers **today Thursday March 11** at lunch in room 116. All performers must be there!

CHOIR NOTES: Reminder! We still have rehearsal this Friday morning at 7:30 am. NO Friday LUNCH rehearsal (we had it on Monday.)

YOUNG ENTREPRENEURS' CLUB: See Mr. Halstead **ASAP** for poster boards and colour printouts of iPod skins! Meeting is **tomorrow Friday March 12** in room 107. Gary and Wilfred need to see Mr. Halstead Tues./Wed./Thurs. to go over marketing duties, canteen and ticket forecasting, teacher supervision and approval of lyrics prior to Friday's meeting.

WILDERNESS WILDERNESS WILDERNESS!!! Any FRC students interested in going on the Wilderness Club Canoe Trip 2010 should go to the meeting **Thursday March 18th** at 12:30 room 117. Spaces will be limited to 16 spots, first come first serve (only requirements are that you are not at risk of losing any courses and have good attendance in all courses). **Winter Campers** – there is loads of gear (pants, gloves, etc) in my office. Please come and claim. Friday they go in the lost and found.

NERDFEST: Come pick up copies of this weeks exam from Mr. Bailey. If you already have, complete and hand back to him before 3:30 on **Monday March 15th**. Next Nerdfest will be Monday March 15th – we'll be starting ecology, and you'll be given another exam to do.

GRAD

ATTENTION GRADS! Any students that can get prized for the Fashion show Silent Auction, please see Ms. Shiach **ASAP** for a letter. FASHION SHOW participants are reminded to tell Ms. Barclay, Ms. Lapp or Ms. Shiach if you cannot make a practice.

STUDENT SERVICES

THE CBC DIVERSITY SCHOLARSHIP: Any grade twelve students with a minimum average of 70% may apply. All applicants must come from a visible minority or be aboriginal. The purpose is to encourage students to enter journalism or the production of radio/t.v. The application deadline is **Friday, May 28** and students must provide a current transcript and essay with a school endorsement including the names of three references. Please see a counsellor for details.

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SPORTS NEWS

HOLIDAY MOUNTAIN SNOWBOARD/SKI TRIP: All Grade 11 and 12 Phys. Ed. students who signed up for the Holiday Mountain block, should have picked up a permission form from the Phys. Ed. office and hand it in **ASAP**. Any other students who would like to attend can now pick up forms from the Phys. Ed. department. There are a limited number of seats and it is a first come first serve basis.

BADMINTON TEAM TRYOUTS: Please see Ms. McCombe and Ms. Shiach if you have any questions.
March 11: 8 to 10pm
March 16: Singles League Games at Silver Heights
March 18: Doubles League Games at FRC

INTRAMURAL DODGEBALL: Playoffs start **today** Thursday at lunch:

12:40 - Rejectz vs. Hit & Run
- Kelly's Heroes vs. Dead Rabbits
12:55 - North Bay vs. Teachers
- SNWA vs. Baseballers
1:10 - Ball Busters vs. Winner game 1
- Team Sobou vs. Winner game 2
Semi's and Finals Friday at lunch

GOOD LUCK TO ALL OF OUR BASKETBALL TEAMS as they compete in provincials this weekend:
The #8 ranked junior varsity boys play at 4:45 **today** Thursday at St. John's High School
The #2 ranked junior varsity girls play at 3:00 **tomorrow** Friday at Elmwood High School
The #8 ranked varsity boys play here at FRC at 3:00 **tomorrow** Friday!

ALL STUDENT VOLUNTEERS who are helping with this weekend's tournament are asked to see Mr. Weekes in the gym at lunch.

FRIDAY IS CENTURION SPIRIT DAY! In support of your boys and girls basketball teams, wear black and gold. We want a black out at Friday's game!

ATTENTION GIRLS HOCKEY PLAYERS! There will be a short but important meeting at lunch **today** in room 114. If you cannot make it, please see Ms. Sandhu some time today.

TRACK ATHLETES: Please **sign-up** for the meet on Friday on Mr. Redfern's door in the Gym. The schedule is also on the door. All athletes should have a lunch and be prepared to leave the school at 12:15 on Friday from the East doors of the Gym.

FRC BOYS TEAM HANDBALL TRYOUTS:

March 22, 24 and 26 – See Mr. Achorn or Mr. Andrusco if you have any questions.

LIBRARY

BOOK CLUB members please meet at noon on Friday. We'll talk about **My Sister's Keeper** and book shopping and meeting dates in April. **Breathing Underwater** by Alex Flinn and/or **Persuasion** by Jane Austen are the next books. Pick up copies at the desk in the library.