

# FRC DAILY NEWS

Friday, February 05, 2010

## CAFETERIA SPECIALS

*(Complete Meal Special Features include a balance of protein, starch and vegetables.)*

**TODAY:** Chicken Quesadilla with Sour Cream & Salsa & Tossed Salad

## NEWS FROM THE OFFICE

**PARKING NEWS:** Students please note that due to an increase in staff during second semester, we have added three spots to meet the needs of the teachers who are paying for parking privileges. As a result there are 3 less student parking spots available along Caledon. Thanks for your cooperation in leaving these spaces available for our staff. As always parking is available on Caledon and the street directly behind FRC.

## STUDENT ACTIVITIES

**WILDERNESS WILDERNESS WILDERNESS!** Short emergency meeting today, lunch hour, room 117 for all clubbers. We'll be talking about action for Haiti.

**WILDERNESS WILDERNESS WILDERNESS!** Reminder to all students going on winter camping that you have a meeting **Wed. Feb 17<sup>th</sup>** all lunch hour. ALL STUDENTS MUST ATTEND!!! No exceptions.

**TEXT ON THE TENTH:** On **Wednesday February 10<sup>th</sup>** @ 11:30am in the Gym there will be a presentation by FRC's H.E.A.R.T (**H**aiti **E**mergency **A**ction **R**esponse **T**eam). The purpose is to raise awareness of the Haiti earthquake and raise money to help with the relief efforts. Bring your cell phones, bring your money, and food will be sold after the presentation. All proceeds will be going to help Haiti. You can make a difference.

**YIP/CHARITY CLUB:** There will be a combined YIP and Charity Club meeting at lunch time **today Friday** in room 108.

**ATTENTION ALL FRC PERFORMERS:** The Yearbook Committee presents FRC's annual Cirque Du Centurion Talent Show. Sign-ups for audition times will be posted outside Ms. Oresnik's room, room 303. Auditions are Monday February 8<sup>th</sup> and Tuesday February 9<sup>th</sup> @ 3:30pm in the theatre. Sign-up must be done by **today Friday February 5<sup>th</sup>**.

**NERDFEST:** All AP biology nerds, our first Nerdfest will be **Thursday Feb. 11** from 3:35-4:30ish room 117. We'll be covering animal development.

**LEADERSHIP STUDENTS:** Any leadership students with a slot 2 spare, please see Ms. Shiach **ASAP** if you can volunteer to put the daily news on the hallway televisions. We need you!

**ALL LEADERSHIP STUDENTS** who are tour guides for the senior 1 orientations, **or** are working on the leadership booth, there is a meeting **today** at lunch in room 103.

**PEOPLE GOT TO BE FREE REHEARSAL** at 3:35 on **Monday February 8** in room 103. Anyone interested is welcome to attend.

**DEBATE CLUB MEETING: Today Friday** at lunch in room 303. We will take our group photo for yearbook.

**GRADE 12 AP CHEM STUDENTS:** Please pick up your practice AP exam from Mr. Wiebe in room 115 **ASAP**. Thank you.

**MATH CONTESTS: U OF MB, FERMAT, CAYLEY:** If you have signed up with Mr. Mitchell to write these contests see him in room 308 to pick up the sample contests. The cost is \$4 for the Fermat and the Cayley. The U of MB is free. All of these contests will be written on **February 25** in the library starting at 9:30 A.M.

**ANY STUDENTS CONSIDERING REWRITING THE PROVINCIAL ELA EXAM IN JUNE,** please see Mrs. Oresnik to get your name on the list by Monday, Feb. 8.

## STUDENT SERVICES

**GRADE 12 STUDENTS ARE INVITED TO ATTEND THE OPEN HOUSES!** Learn about programs, admissions and awards.

**University of Manitoba** – February 18<sup>th</sup>, 8:30–3:30.  
**University of Winnipeg** – February 17<sup>th</sup>, 9:30–2:00 and 5:30 – 8:00.

**RED RIVER COLLEGE:** Permission forms are available in Student Services! See a counselor for more information.

**THE 2010 CANADIAN ABORIGINAL WRITING CHALLENGE:** Win cash prizes and showcase your heritage! For contest guidelines, visit [www.GoToInfo.ca/Writing](http://www.GoToInfo.ca/Writing). Deadline is March 31, 2010.

**NORTHWEST LAW ENFORCEMENT ACADEMY:** A Spring Break intro to a Law Enforcement Workshop - \$90.00. Learn about police operations. Applicants must be 17 years or older who is of good character and does not have a criminal record. Deadline is March 10, 2010.

**VANCOUVER COLLEGE OF ART AND DESIGN:** Scholarships valued up to \$22,000 are available for prospective students. Visit [ScholarshipInfo.vcad.ca](http://ScholarshipInfo.vcad.ca) or see a counselor.

**UNIVERSITY OF WINNIPEG MAJOR SCHOLARSHIP:** Students planning to attend the U of W in the Fall of 2010 and meet the following criteria are invited to apply: high academic standing, significant involvement and leadership in school and community activities. This scholarship is valued at \$10,500. Please see Ms. Dempster to declare your interest!

**CAREERS IN NUCLEAR MEDICINE – DIAGNOSTIC IMAGING:** This program is available at SAIT. Students are welcome to attend an Open House on February 4<sup>th</sup> at 7:00 p.m. at the Health Sciences Centre in room GH304.

**PROVIDENCE COLLEGE:** Grade 12 students interested in attending Providence College are invited to attend "Breakaway", February 18 – 19<sup>th</sup>, 2010. Visit [providencecollege.ca](http://providencecollege.ca) to register or see your counselor.

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## GRAD

**GRAD FASHION SHOW:** Anyone interested in helping out with the Grad Fashion Show please meet in room 301 next **Tuesday February 9** at lunch. Grade 11's who are interested in being a Grad chair should attend! Grade 11's and 12's are both welcome!

## DRAMA DEPARTMENT

**DVD CLASS COPIES:** Drama students who would like a DVD copy of their semester performances can turn in their blank DVD's (for copy) to Ms. Z. (will be ready in March). Drama 20G (need 2 regular, blank DVDs), Drama 30S (need 1 Double Layer blank DVD) and Drama 40S (need 2 Double Layer blank DVDs).

**"FOOTLOOSE" DVD COPIES:** All those who pre-ordered, please turn in your fees **ASAP** to Ms. Z.

## SPORTS NEWS

**FIRST INDOOR TRACK MEET:** All athletes please sign-up on Mr. Redfern's door in the Gym for the first of four meets for the Indoor Track Season. The Meet is **today Friday, Feb. 5 from 12:30-5:00 p.m.**

**FRC'S CURLING TEAM:** Please meet in Student Services at 12:10 p.m. **today!**

**GIRLS HOCKEY:** As you may already know, the girls hockey team beat Dakota on Wednesday, 9-2! We play again **today** at 4:45, this time against arch-rivals, Vincent Massey. If you're interested in witnessing some great hockey, come cheer on your team today at Sam Southern Arena.

**BADMINTON CLUB:** The following are the next practices:

Feb. 13th - 2 to 4pm

Feb. 20th - 10 to 12pm

**Watch announcement there maybe other dates added to this schedule.**

**WEIGHTROOM:** The new semester 2 weightroom schedule is out:

Mondays - 7:00am and 3:45pm

Tuesdays - 7:00am and 3:45pm

Wednesdays - 7:15am and 3:45pm

Thursdays - 7:00am and 3:45pm

Fridays - 7:15am

**A reminder to all students that you must be changed and that there must be a staff member present.**

## LOST

**LOST:** Ms. H is missing her black Samsung cellphone. Please return to the office if found.

## LIBRARY

**BOOK CLUB MEMBERS** please meet for a short meeting on **Monday** after school. If you haven't picked up your copy of *My Sister's Keeper*, please come and get it.

### WHAT ARE YOU READING?

Mr. Courchaine is reading *Shock Wave* by Clive Cussler. "If you like adventure, he's your man!" When he was growing up his favourite books were anything on dinosaurs, *Call of the Wild*, *White Fang*, and anything by Stephen King.

Mrs. Quinn recommends *New York* by Edward Rutherfurd "a fictional book based on historic events shaping New York" and *The Sea Captain's Wife* by Beth Powning, "a brilliant absorbing story of a woman's courageous entry into man's adventurous world of seafaring". When she was a kid her favourite books were *So Dear to My Heart* by Sterling North and *Make Way for Ducklings* by Robert McCloskey.

Maria Galloway (EA) is reading *Harry Potter and the Goblet of Fire* "very exciting and I read it every night to my 10-year-old daughter Chloe." When she was young her favourite book was *Helen Keller*.

Mrs. McCombe is reading *The Art of Racing in the Rain* by Garth Stein. "an excellent storyline...I've never read a book from the perspective of a dog!" One of her favourite books growing up was *Calvin and Hobbes*.

Mrs. Johnson is also reading *The Art of Racing in the Rain* but is recommending *The Book of Negroes* by Lawrence Hill "It's a very captivating book...I look forward to reading it at the end of the day.... My favourite books growing up were the *Babysitter's Club* books-(I think I had the whole set) and I also loved *Anne of Green Gables*."

Nika Subek Simon (EA) is reading *People of the Book* by Geraldine Brooks "Interesting, switching between past and present- a mystery worth exploring... When I was young liked *The Little Prince*, *The Alchemist*, the Karl May series and Victoria Holt series.

Mr. Wright recommends *The Feynman Lectures on Physics*- volume 111(Quantum Mechanics). His favourite books growing up were: natural history, field guides for birds, fish, etc., instructional books on drawing, painting and watercolour, telescope building, observational astronomy, electronics, horses and horse lore, Huck Finn, works showcasing wildlife artists like Glen Loates, Landsdown, Audubon and Ernest Thompson Seton's collected works.

Mr. Bailey recommends *Three Day Road* by Joseph Boyden. "Sex, violence, war, wilderness, adventures...need I say more?" His favourite books as a kid were *The Lord of the Rings* series.

